Rural Lifestyle Options Australia

RURAL LIFESTYLE

RURAL Sailing delights at vvy GEARING UP FOR THE NDIS ADVERTISING FEATURE sailing session

)A Quota

ntry disco

erset regions for more than 23 years.

With the introduction of the National Disability Insurance Scheme in this area, the organisation's mission of "Supporting a life of choice" remains resolute.

We understand that everyone is different, which is why we use a tailored approach to support participants to live a life of their choice.

As the scheme begins to revolutionise the way people with disabilities access their support and services, educione de Rural Lifestyle Options Australia walk that journey she was have she was have with you or your loved one, one step at a time.

esaid. Ms Ch have introduced supports Ms Coordination and plan maney hol Othe agement to our service offernestal ngs to assist you with maniging your package, making teasy and hassle-free for you ue for your for We have a team of

Under the new model, we introduced supports

THUMBS UP: Rural Lifestyle Options Australia remains committed to turning your dreams and aspirations into goals and accomplishments with our new and improved learning, social and recreational supports.

t RLOA raises flag for NAIDOC Week

PPORTS and daily living and accommodation supports.

Rural Lifestyle Options Australia is now an approved style Options Australia can

are passionate about Victoria, Australia's Capital

ng you to live a life of Territory and Tasmania. If you would like to know

NDIS provider in Queens- assist you with your NDIS land, New South Wales nlan contact us on 1200 220

**Jednesday** 

part in the sesng clients from le Options Asso-



PEOPLE & I



175 or for more information

on our service offerings visit

us online at www.rloa.org.au

It's important to note

people do not need to be

registered with or assessed

receive the Queensland Government funded disa-

bility services they currently receive until they become

ance scheme.

People may be elig the NDIS if they have manent disability tha icantly affects their al take part in everyday

They must also b under 65 years whe first access the NDIS

**ANNUAL REPORT** 





# avvareness

RURAL Lifestyle Options Australia staff and partici- is a complex lifeling do be

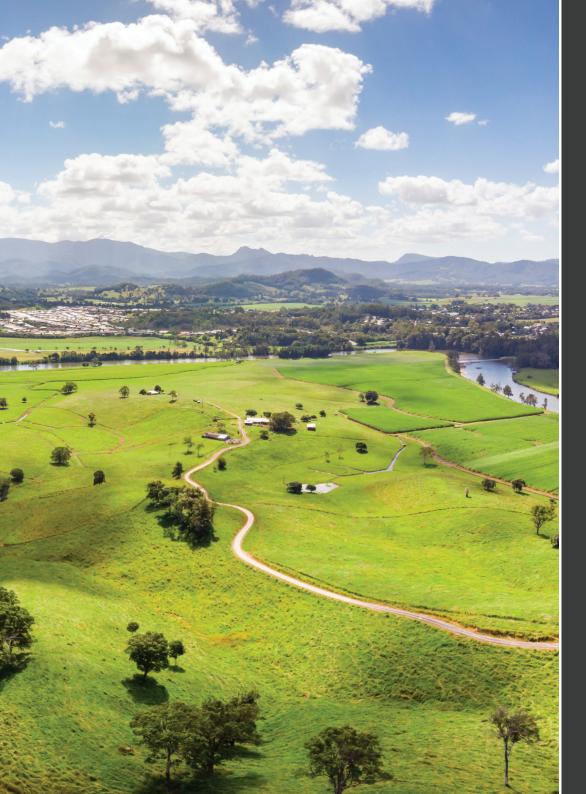
with autism and also for "We recognise that autism to see the comp

Mr Love's mother Love said it was we New local disability support office opens

2017-2018







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## **WHO WE ARE**

The story of Rural Lifestyle Options Australia began over 36 years ago when a group of families established a self-help group when their children who are now adults were toddlers. In those early years this was their only support network however through their hard work, passion, drive and commitment Rural Lifestyle Options Australia was established.

#### OUR PURPOSE

We exist to enrich the lives of people with a disability by creating choice, opportunities and skills for life.

#### **OUR PROMISE**

We live by the motto "Big enough to provide the service, small enough to look after you."

#### OUR VALUES

- We are committed to authenticity.
- We believe in lifelong learning.
- We are compassionate.
- We are empowering.
- We are respectful.

We are innovative.

## OUR CULTURE

- We dare to dream and do things differently.
- We understand rural and regional communities.
- We employ a person centred approach.
- We believe in establishing authentic connections for people we support.

## **OUR MISSION**

Supporting a life of choice.

## **CHAIR AND CEO UPDATE**

We are delighted to present this summary of our activities for the 2017-2018 financial year, in which we have continued to grow and evolve, overcame many challenges and achieved some extraordinary results.

It was a year of significant change, evolution and alignment to position ourselves in good standing for the transition to the National Disability Insurance Scheme (NDIS).

This year marks the twenty-fifth anniversary of the organisation. It is unbelievable to think that we started with a grant of just \$15,333 twenty-five years ago to successfully transition to the NDIS with a total revenue of almost five million dollars today.

As a fledging organisation driven by parents, we started our journey supporting 10 clients for 10 hours per week delivering community access in Beaudesert.

Today, we support over 100 clients in mostly accommodation support across South East Queensland and Northern New South Wales. We still believe bigger isn't better and we pride ourselves on delivering client focused and directed quality services over quantity of services.

This was a transition year for both the sector and Rural Lifestyle Options Australia. We are passionate about making a difference in rural and regional communities and this has driven our growth. We sought to make our services available to an increased number of participants through expanding our footprint interstate.

We created a sustainable base built to benefit all participants, and a platform for growth with better outcomes and individual choices.

The NDIS has represented the most significant reform Rural Lifestyle Options Australia has ever seen in our twenty-five years of operation and is the largest reform in Australia since the introduction of Medicare.

It has forced service providers to be lean by reducing overheads which we are proud to say equate to just over seven percent.

In 2017, we choose to discontinue delivering group based supports as we believe these supports take away people's choice and control. Group based activities have proven to be inflexible in this new environment as it is almost impossible to match small groups of people wanting to work on the same goals at the same time.

To assist the organisation with our transition, we implemented an empowered, flat structure approach which encourages all team members to take active control and responsibility for their activities.

This allowed freedom for all team members to contribute, develop and deliver ideas no matter their position within the organisation. This has resulted in lots of wonderful ideas and services being delivered.

This financial year, we were proud to implement our endorsed Reconciliation Action Plan which demonstrates our commitment towards an inclusive community for all.

At the end of June 2018, 70% of our services were operating under the NDIS and it is predicted by November 2018 all services will be.

We wish to take this opportunity to thank everyone across the organisation for their tireless contribution. Most of all, we wish to thank our participants, a small number of whom have been gracious enough to share their stories in these pages.

We are privileged to support them and bear witness to their resilience and success. We would also like to thank our Board of Directors for demonstrating great leadership and we look forward to 2019 and the opportunities this brings for us.



CAROLE CASWELL CHAIRPERSON



MICHELLE LATAILAKEPA
CHIEF EXECUTIVE OFFICER

## **FINANCIAL PERFORMANCE**

### Securing our future.

#### **OUR TOP REVENUE CONTRIBUTORS**

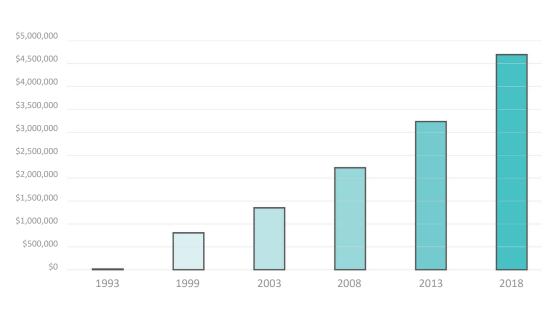


\$4,695,822

**TOTAL REVENUE IN 2017-2018** 

26.2% growth compared to 2016/2017 Financial Year

#### REVENUE CHANGES OVER TIME



## **SOCIAL IMPACT PLAN 2018 - 2020**

Workforce

**Financial** 

#### **Traditional Owners**

Rural Lifestyle Options Australia acknowledges the Traditional Owners of Country throughout Australia and recognises the continuing connection to lands, waters and communities.

Our Social Impact Plan outlines our vision for the future direction of the organisation over the next two years.

#### **STRATEGIC FOCUS AREAS**

Organisational

	Growth	Capability	Effectiveness	Outcomes
GOAL	We will be here in another 25 years and counting	We will develop, shape and train our workforce for the NDIS.	We will be a strong agile and innovative organisation.	We will support our participants to build their confidence and skills and participate in the community of their choice.
STRATEGY	1.1 Ensure the organisation's growth and sustainability whilst containing expenses.  1.2 Brand recognition.  1.3 Business relationships and strategic partnerships.	2.1 Enhance our Integrated Customer Management System (ICMS) to be more efficient and train our staff.  2.2 Promote the organisation as an employer of choice with tertiary institutions and contribute actively to reconciliation.  2.3 Develop our brand to attract and retain the best people.	3.1 Build and maintain sophisticated, integrated and sustainable information and communication systems.  3.2 Implement effective governance and compliance frameworks including robust quality and risk management systems.  3.3 Locate and open an office in Northern NSW and maintain our SE QLD office whilst sustaining our flat organisational business structure.	4.1 Support our participants to make individual choices to achieve their goals by building their sense of safety and independence.  4.2 Make our organisation accessible to people with a disability through partnering with complementary organisations to achieve better outcomes.  4.3 Seek opportunities for feedback from current participants about our services offered and delivered.
INITIATIVE	Achieve an operating surplus, pass financial audit and complete tenders for services we use aimed at lowering costs.  Partner with other providers to deliver more SILS across SE QLD and Northern NSW and open SIL and SDA arrangement in Beaudesert.  Increase our NDIS offerings, deliver more NDIS services in Northern NSW and promote widely.	Staff are trained in ICMS database enhancements for the NDIS in QLD and NSW.  Establish partnerships with tertiary institutions within SE QLD and Northern NSW and deliver on our RAP commitments.  Develop and implement a workforce strategy.	Establish security, role and state levels and permissions for Integrated Client Management system.      Conduct an external IT security audit to access organisations data storage, security and software.      Open office in Northern NSW and maintain SE QLD office.	Establish more rural connections in areas we support participants to facilitate authentic linkages within their communities including gaining support for Unfunded Projects that benefit participants.      Develop partnership agreements and MOUs with complementary organisations servicing NSW and QLD.      Develop and circulate a feedback survey for participants and implement strategies to address gaps and improve services.

**Participant** 

## **GOVERNED BY EXPERIENCE**

Rural Lifestyle Options Australia has a highly skilled and qualified Board of Directors who are committed to providing governance as well as setting and safeguarding the strategic direction of the organisation.

**Board of Directors** (left to right)

**Emeritus Professor Ken Moores AM**Director

**Dr Deborah Wilmoth** Director

Carole Caswell
Chairperson

**Ann Armstrong**Vice Chairperson

#### Constitution

Rural Lifestyle Options Australia is a not-for-profit company limited by guarantee under the Corporations Act 2001 (Cth). Rural Lifestyle Options Australia is a Public Benevolent Instituion (PBI) and is endorsed with a Deductible Gift Recipient (DGR) status with the Australian Taxation Office. Rural Lifestyle Options Australia is registered as a charity with the ACNC.



## THE FUTURE IS HERE





## **YOUR IMPACT**

How your support has helped.

#### CHRISTMAS FUNCTION 2017

#### [PROJECT 8]

Rural Lifestyle Options Australia's eighth Unfunded Project was to host a Christmas Party for participants, families and staff. Through generous donations we were able to hire a Photo Booth, Video Jukebox, Musical Act, Balloon Twister and Face Painter. We were also able to provide dinner through catering by BeanTo. A special thanks to the Scenic Rim Regional Council for funding the venue through a \$1,000 grant and the Birnam Rural Fire Brigade for volunteering their time and bringing Santa to the party on a fire truck!

#### IMPROVEMENTS TO SOCIAL HUB DROP IN CENTRE

#### [PROJECT 9]

Rural Lifestyle Options Australia's ninth Unfunded Project was to improve our Social Hub Drop In Centre. Items such as a basketball hoop, volleyball equipment, gaming machine, coffee machine and frother were acquired to provide more choices for participants. Our newly opened Social Hub Drop-in Centre is a safe space where friends can meet in their local community and access a wide range of equipment including but not limited to the aforementioned.

#### FULLY ACCESSIBLE HOUSE

#### [PROJECT 10]

Rural Lifestyle Options Australia's most recent Unfunded Project is for the cost of materials and labour for a newly established wheelchair accessible accommodation house within the Scenic Rim. Through generous donations we were able to convert a building into a newly renovated, five bedroom, fully accessible residence for four lovely young people we have the privilege of supporting.

## **OUR SERVICES**

Rural Lifestyle Options Australia has been proudly providing supports and services to people with a disability living in rural and regional areas for 25 years.

#### DAILY ACTIVITIES

Rural Lifestyle Options Australia can support you with everyday tasks that enable you to live as independently as possible.

## SOCIAL AND COMMUNITY PARTICIPATION

Rural Lifestyle Options Australia can support you to connect and integrate within a community of your choice.

#### SUPPORTS COORDINATION

Through our Supports Coordination NDIS Supports, we work creatively with participants to utilise their support budgets to achieve their goals.

#### SHORT-TERM ACCOMMODATION (OVERNIGHT RESPITE)

Rural Lifestyle Options Australia offer short term accommodation for participants who require supports for a limited period of time.

## SUPPORTED INDEPENDENT LIVING

Rural Lifestyle Options Australia can support you to live independently within a community of your choice.

#### PLAN MANAGEMENT

Through our Plan Management service, you can be assured that we will work with you to determine the best approach to maximise the benefits of your plan.



Since my daughter has been at Rural Lifestyle Options Australia she has been a lot happier.

The more personalised service sets it apart from the previous provider we were with, which was a much larger organisation.

We are happy that we can approach the Service Managers and know that any concerns we may have can be dealt with quickly when necessary.

> MARION AMY'S MOTHER

# TIMELINE

## FROM 'ROADS' TO NOW



Commissioned 'Roads to Independence' report.

Started the organisation after receiving our first grant of \$15.333.

1993

1994

Rural Lifestyle Options Association was officially incorporated.

2000 2001 Acquired 4 Davis Street property. 2003 Successful in receiving one-off funding to run the Consumer Participation project. 2007 Acquired 6 Davis street property. 2008 Recipients for the Minister's Award for excellence in workforce development.

2009

Officially opened Jade Cottage.

2011

Acquired Anna Street property.

2014

Appointed Michelle Latailakepa as CEO.

Launched our Unfunded Projects initiative as proudly published on our website.

Awarded first two employees for 15 years of service milestone.

Relaunched our branding and website.

Became an endorsed host provider for My Life My Choice self-directed service.

Became an approved QLD Mental Health provider.

Formed the Participant Consultative Committee.

2015

Established our first Facebook page.



2016

Officially opened new office in South East Queensland.

Renovated our
South East Queensland
property
and transformed it into a fully
accessible Respite Retreat for
children and adults.

Officially opened our first Social Enterprise 'Preloved Homewares' Op Shop.

Became a company limited by guarantee and started trading under Rural Lifestyle Options Australia.

Officially opened first Sensory Room in South East Queensland. Became a registered NDIS provider in New South Wales, Victoria, Australian Capital Territory and Tasmania.

Commenced our transition to the NDIS.

Delivered NDIS services in Queensland.

Delivered NDIS services in New South Wales.

Became an approved Aged Care Home Care provider nationwide.

'Reflect' Reconciliation Action Plan was endorsed and implemented.

Appointed first indepedent Directors reconstituting Board Goverance for Growth.

2017

2018

Proudly celebrates 25 years of service.

Appoints NDIS Intake and Support Officer in New South Wales.

Hosts first NAIDOC week event in Queensland.

Converts a building into a newly renovated five bedroom fully accessible residence for four young people in South East Queensland.

Opens a new office in Murwillumbah, Northern New South Wales.



1993 - 2018

## **OUR IMPACT STATEMENT**

NDIS PREPLANNING MEETINGS HELD

NDIS PLANNING MEETINGS ATTENDED

WE HAVE BEEN PROUDLY SUPPORTING PEOPLE WITH A DISABILITY IN **RURAL AND REGIONAL COMMUNITIES FOR** 

25 YEARS

Launched **Supports Coordination** Service

60% increase since 2016/2017 Financial Year

hours of support

34.7% increase since 2016/2017 Financial Year

282,815 KM



TRAVELLED IN RURAL LIFESTYLE OPTIONS AUSTRALIA **WORK VEHICLES.** 

(45% GROWTH COMPARED TO 2016/2017 FINANCIAL YEAR)

NDIS PLAN REVIEW MEETINGS ATTENDED

NDIS SERVICE AGREEMENTS AND QUOTES

## **MARKETING SNAPSHOT**



New Online Video Media Campaigns 3,400 **Total Minutes** Watched



Unique Views



11,857

(Across Computer and Mobile Devices)



Total Website Visitors on Mobile Devices

37.5%

Increase in mentions across Print Media

(Compared to 2016/2017 Financial Year)







#### 58% increase in **Facebook followers**

(Compared to 2016/2017 Financial Year)















## WHAT OUR WORKFORCE IS SAYING...

In conjunction with the University of Western Australia *Learning for Purpose Centre for Social Impact*, all staff were invited to participate in the largest national workforce survey which addressed how to improve work, build better careers, learn and be healthy.

Over 500 Not-for-profit organisations participated and the survey compared our organisation's results to the rest of the sector.

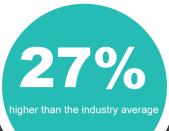


PERFORMANCE MANAGEMENT AND COMPENSATION

**PROMOTIONS** 

RETENTION

HUMAN RESOURCE SYSTEM STRENGTH



Worker Net Promoter is an index that reflects how willing employees are to recommend our organisation to friends and acquaintances as a place to work.

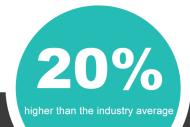
Performance Management and Compensation describes employees perception about appraisal system being effective, fair and comprehensive.



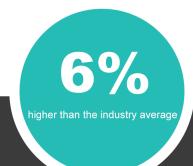
higher than the industry average



Promotions describes employees perception about the provision of clear career paths and the advancement of high-performing workers.



Retention describes employees perception of having schemes and practices in place that retain good staff and minimise attrition through voluntary



Human Resource System Strength describes employees perception about the human resource management function being useful and contributing to better organisational functioning.





## **STAFF SNAPSHOT**

100%

of employees completed disability induction modules 1-7

4

Staff members with lived experience of disability or a lived experience of caring for a person with a disability.



Internal Promotions

New Jobs Created

246

HOURS OF STAFF DEVELOPMENT AND TRAINING



staff recipients of our Above and Beyond Award



81%

24%

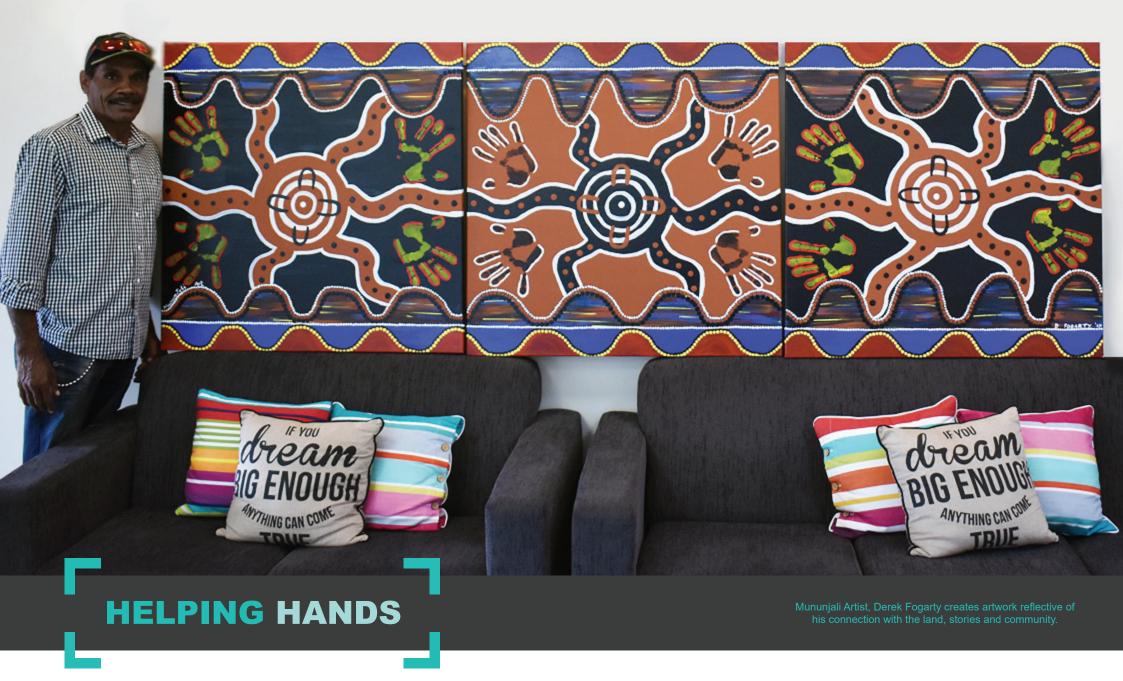
18%

96%

of employees hold a Certificate III or higher tertiary qualification.

of employees hold a Bachelor Degree or higher tertiary qualification. of total staff participated in our Workplace Giving Program.

of total staff are permanent part-time or full-time employees.



(Pictured) Mununjali Artist, Mr Derek Fogarty with his artwork 'The Helping Hands of Rural Lifestyle Options Australia' at our South East Queensland Office.

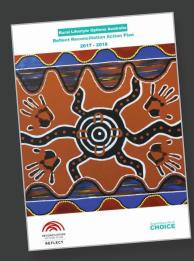
## **OUR PLAN FOR RECONCILIATION**

#### In November 2017,

Rural Lifestyle Options Australia announced that our 'Reflect' Reconciliation Action Plan was given final endorsement by Reconciliation Australia. Since its inception, the organisation has held a number of events honouring our commitment to developing a long term sustainable foundation, across the communities in which we operate, for future engagement and collaboration with Aboriginal and Torres Strait Islander people.

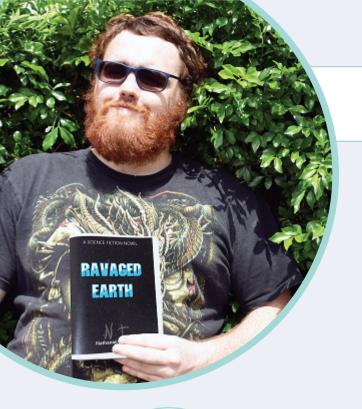
Most Australians enjoy one of the highest life expectancies of any country in the world — but this is not true for Aboriginal and Torres Strait Islander people. In March 2018, we held a morning tea to recognise this inequality, as part of Oxfam's Close The Gap campaign. For a gold coin donation, guests enjoyed a morning tea with traditional aboriginal music and Close The Gap trivia. Attendees were also invited to sign a petition which called on the Australian Government to provide adequate health services for Aboriginal people.

In May 2018, staff recognised National Reconciliation Week with a morning tea. Participants, staff and members of the community acknowledged the significance of the event at our South East Queensland Social Hub by reflecting on our shared histories, cultures, and achievements. Attendees were treated to Crocodile and Corn Vol Au Vents, Peppermint Gum Cream Cookies or Lemon Myrtle Native Slab Cheesecake.





To read our 'Reflect' Reconciliation Action Plan, visit www.rloa.org.au/publications



## **NDIS SUCCESS STORIES**

# nat's Journey

After 12 months of dedication, author and Rural Lifestyle Options Australia participant Nat completed writing his first book.

'Ravaged Earth' is a Science Fiction Thriller about a Scientist named Mat who finds himself on a wild adventure through the galaxy after an experiment goes haywire...



#### CAPTURING NAT'S VISION

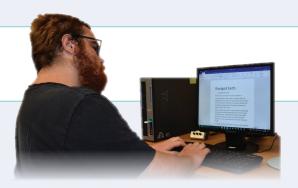
If one had asked Nat two years ago, if he ever thought he would write a book, the answer would have been "No!". This is because up until 12 months ago, Nat couldn't read or write. But that didn't stop him from writing a book.

At the beginning of 2017, Nat had a dream which inspired a video game idea. After discussing his idea with his Lifestyle Support Worker Helen, Nat came to the conclusion that in order to create a video game he would need to map out the storyline for it first. Hence, 'Ravaged Earth' was born.

The first step involved Nat capturing his ideas on paper. Once a timeline for Nat's book had been worked out, Helen and Nat began working on handwriting the story.







#### TYPING THE DRAFT

The second step in Nat's journey involved him typing his book into a Word document. With Helen's support, Nat added characters and storylines as he went.





#### **COMPLETING THE BOOK**

Once the draft had been finalised, Nat took the book to Main Office for our Marketing and Communications Division to proof read and edit. In consultation with Nat, they designed a front and back cover.



#### **MOVING FORWARD**

Now that Nat has finished his first book, it's onto the sequel!

Nat is currently selling copies of 'Ravaged Earth' at our Main Office for \$10 a book.

If you are interested in purchasing a copy, contact Main Office on 1300 032 175.



We are proud to be supporting Nat to live a life of his choice.

### NDIS MAKES DREAMS COME TRUE FOR STEVEN

Have you ever wondered what it's like having to live in a hospital and being unable to go home because you don't have the supports you need to live independently, like so many other people do, and take for granted?

Well until the National Disability Insurance Scheme (NDIS) was rolled out this is exactly what happened to Steven, this is his story!

Steven was a very active man working for the local council, he enjoyed surfing and was always commended by peers for his physical fitness. In 2008 Steven was diagnosed with Huntingtons. Until very recently he remained active in his community, however due to the progression of his condition he was hospitalized and unable to return home. Once Steven's medical concerns were alleviated he remained unable to return home for a variety of reasons and found himself in limbo in the hospital ward with no way out and no one to turn to.

The Hospital wanted to discharge Steven as he was no longer acute, however due to a lack of suitable accommodation for Steven, he was forced to remain in the hospital even after several months and numerous unsuccessful attempts from family and staff to find another place for him to live.

Rural Lifestyle Options Australia was approached by Steven's Supports Coordinator to see if the organisation could assist him in persuing his goal of once again living independently in a community of his choosing. After hearing Steven's story, Rural Lifestyle Options Australia's Service Manager, Mr Shane Ferguson wanted to meet and work with Steven, his family and the Supports Coordinator to make his dreams come true.

Steven chose the community he wanted to live in. A suitable dwelling was located, therapy assessments completed for both the dwelling and Steven, then the NDIS planner could be responsive and assess the situation with the urgency that it deserved to make his dreams come true.

A team of very experienced support workers were assembled, and the Huntingtons society attended to do some specific training for the team.

Steven's Checklist

Goal #1



LOCATE A PROVIDER

Goal #2



FIND A HOUSE

Goal #3



FIND AND TRAIN THE RIGHT PEOPLE TO SUPPORT ME

Goal #4



**MOVE IN** 

We are proud to be supporting Steven to live a life of his choice.



## **FEEL GOOD FEBRUARY**

For the third year running, the organisation participated in Feel Good February. This year, random acts of kindness were carried out across both Queensland and New South Wales.

## **THANK YOU TO OUR SUPPORTERS**

# CORPORATE PARTNERS, SUPPORTERS AND SPONSORS

## COMMUNITY GRANTS

A-Choired Taste

BeanTo

Beaudesert Mitre 10

Beaudesert RSL Services Club Inc

**Beaudesert Specsavers** 

**Beaudesert Times** 

Bentley's Chartered Accountants

Birnum Rural Fire Brigade

Busy At Work

Community Business Australia

**Enright Sawmills** 

Fleet Partners

Frank and Ruth Ellis

**Huntingtons Society** 

Jag Fix It

MS Queensland

Nortec

On-Q Human Resources

Phil Day, Cartoonist

Play For Purpose

ProCare

**Queensland Country Credit Union** 

Remserv

Tweed Shire Council

Vistaprint

CommBank Foundation, Centenary Grant \$10,000

Beaudesert RSL Services Club, Community Sponsorship Program \$2,000

Google Adwords Grant \$120,000

Scenic Rim Regional Council, Community Grant Program \$3002

Department of the Prime Minister and Cabinet, NAIDOC Week Grant \$1,000

## FINANCIAL GRANTS

Department of Communities, Disability Services and Seniors

Department of Health (Federal)

Department of Health (QLD)

National Disability Insurance Agency



## **HOW TO SUPPORT US**

Rural Lifestyle Options Australia is strengthened by the goodwill of volunteers and the support of local businesses.

We are grateful to the local communities in which we operate for their assistance as we continue to deliver our mission of supporting people with a disability to live a life of their choice.





















www.rloa.org.au/getinvolved

bility support is alive well in the Scenic Rim

Lifestyle Options (RLOA) has been viding support and eople with a disability enic Rim and greater r 23 years.

on is unique and services provided ensure people lity can enjoy the his world heritage

ffice at 8 William esert has been d to cater to those m region.

ch as, My Life Self-Directed health services, idays, Fee for erts, supported , respite and grams aimed at



CommBank

300 032 175

RLOA receives grant from Cartoonist Phil Day creates art mural for RLOA retreat 10sts COU

> Beaudeser Firefighters thrill RLOA

RURAL LIFESTYLE OPTIONS AUSTRALIA LTD **ANNUAL REPORT 2017-2018** BOX 238, MURWILLUMBAH NSW 2484 PO BOX 617. BEAUDESERT OLD 4285 1300 032 175 WWW.RLOA.ORG.AU

