



Rural Lifestyle Options Australia
Community Service Provider



Support at Home &
Privately Funded

Price Guide

13 July 2026

34 years
of tailored care

Live well, live longer.

RLOA Support at Home Pricing effective from 13 July 2026 (GST excluded)

Services*	Basis	Daytime	Evening	Saturday	Sunday	Public Holiday
Personal Care	Per hour	\$115	\$135	\$160	\$218	\$251
Domestic Assistance	Per hour	\$105	\$123	\$147	\$200	\$230
Social Support	Per hour	\$115	\$135	\$160	\$218	\$251
Respite	Per hour	\$115	\$135	\$160	\$218	\$251

Clinical Supports**	Basis	Daytime	Evening	Saturday	Sunday	Public Holiday
Nursing	Per hour	\$199	Per quote	Per quote	Per quote	Per quote
Counsellor or Psychologist or Psychotherapist	Per hour	\$300	Per quote	Per quote	Per quote	Per quote
Dietitian or Nutritionist	Per hour	\$280	Per quote	Per quote	Per quote	Per quote
Occupational Therapy	Per hour	\$280	Per quote	Per quote	Per quote	Per quote
Physiotherapist	Per hour	\$280	Per quote	Per quote	Per quote	Per quote
Podiatrist	Per hour	\$280	Per quote	Per quote	Per quote	Per quote
Social Worker	Per hour	\$300	Per quote	Per quote	Per quote	Per quote

Transport (Per trip):

Distance	1 to 20km	21km to 40km	41km to 60km	61km – 80km	81 to 100km
Price	\$40	\$81	\$121	\$162	\$202

Care Management

Navigating support services can feel overwhelming, but our dedicated team is here to guide you every step of the way. Under this service, we work closely with you to understand your goals, coordinate services, and ensure you receive the right support to live well at home. 10% of your budget goes to care management. This covers coordinating your services so they match your needs, preferences and goals. There are no extra fees.

*There is a 2 hour service minimum which can be a combination of supports to meet your needs.

**Clinical support services are exempt from co-contributions. This will also include Personal Care from 1 October 2026.



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How does Rural Lifestyle Options Australia deliver 'Support at Home' services?

Whether you are looking for help around the house, support with personal care, or just someone to spend time with, we are here to make life a little easier, so you can continue living the life you love at home.

Our Support at Home services are all about flexibility. We offer a wide range of Aged Care services under one model which is designed to evolve with you as your care needs change. When you sign up with Rural Lifestyle Options Australia, you will be supported by our experienced team, who will work alongside you to create a personalised care plan that meets your goals and maximises your support.

To learn more, call 1300 032 175 or visit www.rloa.org.au/agedcare

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